



Loch Lomond Sailing Club

K1 Scottish Nationals

5 – 6th October 2024

SAILING INSTRUCTIONS (SIs)

1 RULES

- 1.1 The event is governed by the rules as defined in *The Racing Rules of Sailing*.
- 1.2 Section 3 “Rules of Navigation” of the Loch Lomond Byelaws 2013 apply when meeting boats that are not racing. This changes the Part 2 preamble. Please pay particular attention to rule 3.4(15) of the Byelaws, which states: "No boat shall approach within 100 metres astern of a fishing boat engaged in trolling and displaying a 'trolling shape'." The 'trolling shape' is an orange ball perched on top of a short post or stick on the fishing boat.
- 1.3 Competitors boats should not be attached to the pontoon except in emergency or briefly when launching or recovering or disembarking crew.

2. RISK STATEMENT

- 2.1 Rule 3 of the Racing Rules of Sailing states: “The responsibility for a boat’s decision to participate in a race or to continue racing is hers alone.” Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in an event, each competitor agrees and acknowledges that:
 - (a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
 - (b) They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
 - (c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
 - (d) Their boat is in good order, equipped to sail in the event and they are fit to participate;
 - (e) The provision of a race management team, patrol boats and other officials and volunteers by the event organiser does not relieve them of their own responsibilities;
 - (f) The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances.

3. INSURANCE

- 3.1 Each participating boat must be insured with valid third party insurance with a minimum cover of £3 million including cover for racing.

4 SAFETY REGULATIONS

- 4.1 In the interests of the safety of competitors and patrol boat crews, competitors shall comply with the instructions of the patrol boat crews. Failure to do so may result in disqualification from the Series. Abandoned boats will be recovered later.
- 4.2 The crew of a boat that retires from the race shall notify the Race Committee as soon as possible (via CB/RIB or Race Office ashore).

5 OFFICIAL VESSELS

- 5.1 The Committee Boat for K1’s will be ‘CEARDACH’ on Saturday, and for the first start on Sunday. ‘MORY’ will accompany K1’s, Hawks and Keelboat Handicap on Sunday, finish race 4 and start race and finish race 5.

6 CHANGES TO SAILING INSTRUCTIONS

- 6.1 Changes to the Sailing Instructions will be posted at least one hour before the time they are due to take effect.

7 COMMUNICATIONS WITH COMPETITORS

- 7.1 Notices to competitors will be posted on the official notice board located in the Clubhouse hallway.
- 7.2 The race office is located at the front of the clubhouse.

8 SIGNALS MADE ASHORE

- 8.1 Signals ashore will be made on the flagpole in front of the Clubhouse.
- 8.2 When displayed ashore Flag AP displayed ashore with two sound signals (one when lowered) means "The race is postponed. The warning signal will be made not less than 30 minutes after AP is lowered."

9 SCHEDULE OF RACES

- 9.1 There will be a briefing for all competitors at 1200 on Saturday on the lawn in front of the clubhouse (inside if wet).
- 9.2 The start times are scheduled as follows:

Saturday	1315	<i>ff</i> Race 1
	1318	K1 Race 1
	1321	Hawk Race 1
	1324	Other Keelboats Race 1
	ASAP after Race 1	Race 2 (K1s start 3 mins after <i>ff</i> start, then Hawks start 3 min after K1, and other Keelboats start 3 min after Hawks)
	ASAP after Race 2	Race 3 (K1s start 3 mins after <i>ff</i> start, then Hawks start 3 min after K1, and other Keelboats start 3 min after Hawks)
Sunday	1030	KB Handicap Race 3
	1033	K1 Race 4
	1036	Hawk Race 4
	ASAP after KB Race 3	KB Handicap Race 4
	3 Mins after KB Race 3, K1 Race 5	K1 Race 5
	3 mins after K1 Race 5, Hawk Race 5	Hawk Race 5

- 9.3 No Warning Signal will be made after 1430 on Sunday.

10 CLASS FLAGS

K1	Numeral Pennant 3
Flying Fifteen	NN6
Hawks	Numeral Pennant 2
Keelboats	Numeral Pennant 1

11 COURSES

- 11.1 The courses for K1 on Saturday are at Appendix 1 including the order in which marks are to be passed, and the side on which each mark is to be left.
- 11.2 The courses for K1 on Sunday are at Appendix 2 including the order in which marks are to be passed, and the side on which each mark is to be left.
- 11.3 **Course Indication:** The course chosen for Keelboats, K1 and Hawks (Sunday only) will be indicated on the Committee Boat at the warning signal.

12 MARKS

- 12.1 The course marks on Saturday will be yellow cylindrical inflatable buoys.
- 12.2 The course marks on Sunday will be islands and fixed club racing marks (orange/white cylindrical buoys).
- 12.3 The starting mark for K1 races 1 - 4 will be a dan buoy or a mark on the course.
- 12.4 The starting mark for race 5 for the Keelboats, K1 and Hawks will be dan buoy or a mark on the course.

13 THE START

- 13.1 To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound approx. 1 minute before a warning signal is made.
- 13.2 Races will be started using rule 26 with the warning signal made 3 minutes before the start, Preparatory 2 minutes before the start.
- 13.3 The starting line will be between the staff displaying an orange flag on the starting boat and the starting mark.
- 13.4 Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.

14 CHANGE OF THE NEXT LEG OF THE COURSE

- 14.1 For K1's on Saturday a change of course after the start will be signalled before the leading boat has begun the leg to the moved mark, although the new mark may not then be in position. A Green flag will indicate a change of the next mark to starboard and a Red flag will indicate a change to port. The new bearing will not be displayed. This changes Rule 33.
- 14.2 Any mark to be rounded after rounding the new mark may be relocated to maintain the original course configuration.

15 THE FINISH

- 15.1 The finishing line on Saturday for K1's Races 1-3 will be between the staff displaying the shorten course flag on the Finish Boat and the finishing mark. The finishing line may be shorter than the start line.
- 15.2 The finishing line for Race 4 will be between the mast on MORY flying flag S and the nearby mark of the course.
- 15.3 The finishing line for Race 5 will be between the Club flagstaff and Club Mark A.

16 TIME LIMITS

- 16.1 The duration of Races 1-3 is planned to be around 60 minutes for the leading boat: after this time has elapsed the Shorten Course signal (Flag S) will be flown and boats will finish the next time they pass through the gate. The time limit will be 1½ hours for the first boat. Boats failing to finish within 30 minutes after the first boat finishes will be scored "Did Not Finish". This changes rules 32, 35 and A5.2.
- 16.2 Failure to meet the Target Time will not be grounds for redress. This changes RRS 62.1(a).
- 16.3 The time limit will be 2.5 hrs for K1's on Sunday. Boats failing to finish within 45 minutes after the first boat finishes or within the time limit, whichever is later, will be scored "Did Not Finish". This changes Rules 32, 35 and A5.2.

17 PROTESTS and REQUESTS FOR REDRESS

- 17.1 Protests and Requests for Redress must be lodged within 60 minutes of the last boat finishing the day's racing.
- 17.2 Protest forms are available from the race office. Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses.

18 SCORING

- 18.1 The Low Point scoring system, Appendix A, rule A2 will apply. One race constitutes a series.
- 18.2 There will be one discard if 4 races are sailed for both fleets.

19 PRIZES

- 19.1 Prizes except for Club Trophies will be awarded in the Clubhouse as soon as possible after the last race.

Appendix 1

COURSE for Flying Fifteens, on Saturday and Sunday, K1s and Hawks on Saturday Only

Odd numbered rounds: A B C Gate

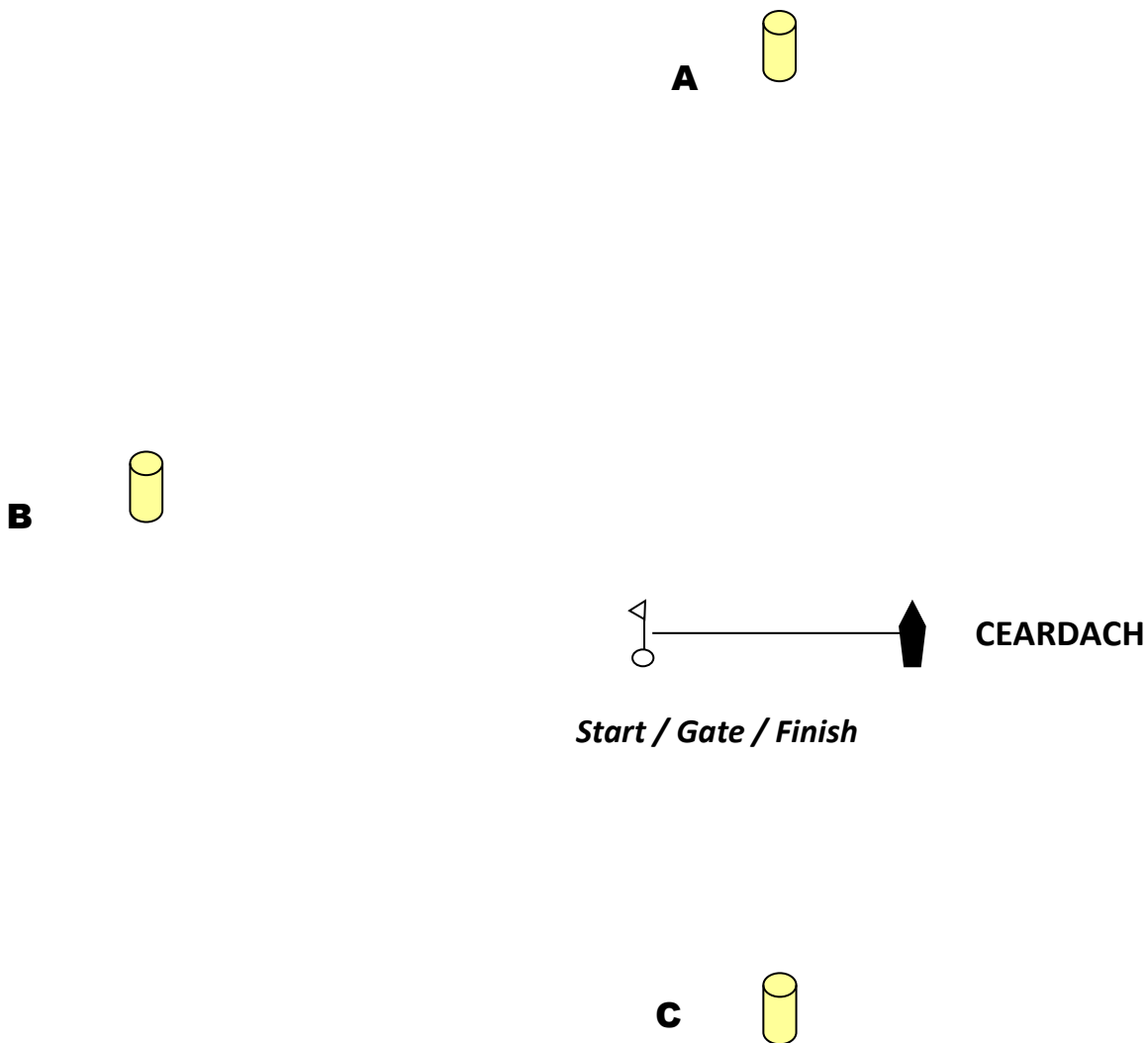
Even numbered rounds: A C Gate

Marks A, B and C are Yellow.

There is no set number of rounds: the race is planned to be around 60 minutes (see SI 16.1)

All marks to be left to Port. There is no restriction on passing through the gate on downwind legs.

The length of the gate and finishing line may be shorter than the start line.



Appendix 2– COURSES for Keelboat Handicap and K1's (Sunday) and Hawks (Sunday)

Marks underlined are to be left to PORT.

Marks not underlined are to be left to STARBOARD.

No.	Wind	COURSE	Dist. (NM)
1	N	<u>N</u> C <u>Lonaig</u> <u>Ross</u> <u>E</u> B Creinch <u>B</u> C <u>L</u> <u>D</u> <u>J</u> <u>F</u> <u>A</u>	13.1
2	NE	A Fad Creinch I B <u>Creinch</u> <u>Fad</u> <u>F</u> J P <u>Fad</u> <u>A</u>	12.7
3	E	<u>P</u> Lonaig Ross Lonaig <u>L</u> N E Lonaig <u>D</u> L <u>K</u> <u>B</u> <u>F</u> <u>A</u>	12.8
4	SE	<u>F</u> <u>A</u> <u>Lonaig</u> <u>Ross</u> <u>E</u> B Creinch I <u>Creinch</u> B <u>F</u> <u>A</u>	13.6
5	S	<u>S</u> F Torrinch <u>I</u> <u>Murrin</u> B <u>Creinch</u> <u>Fad</u> <u>A</u>	13.3
6	SW	<u>I</u> Creinch Murrin I F Fad <u>B</u> D N <u>R</u> <u>A</u>	13.4
7	W	E Ross Lonaig <u>L</u> A F <u>S</u> Fad <u>I</u> <u>Creinch</u> B <u>F</u> <u>A</u>	13.3
8	NW	<u>Lonaig</u> <u>Ross</u> <u>E</u> B Creinch I <u>B</u> <u>D</u> K E L A	13.7
9		As designated on board on Committee Boat	

