



Loch Lomond Sailing Club HD Sails Solo Open Meeting 6th July 2024

Organising Authority:
The event will be organised by Loch Lomond Sailing Club.

SAILING INSTRUCTIONS (SIs)

1. RULES

- (a) The event is governed by the rules as defined in The Racing Rules of Sailing.
- (b) Section 3 “Rules of Navigation” of the Loch Lomond Byelaws 2013 apply when meeting boats that are not racing. This changes the Part 2 preamble. Please pay particular attention to rule 3.4(15) of the Byelaws, which states: "*No boat shall approach within 100 metres astern of a fishing boat engaged in trolling and displaying a 'trolling shape'.*" The 'trolling shape' is an orange ball perched on top of a short post or stick on the fishing boat.
- (c) Competitors boats should not be attached to the pontoon except in emergency or briefly when launching or recovering or disembarking crew.

2. RISK STATEMENT

Rule 3 of the Racing Rules of Sailing states: "*The responsibility for a boat's decision to participate in a race or to continue racing is hers alone.*" Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in an event, each competitor agrees and acknowledges that:

- (a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event.
- (b) They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore.
- (c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions.
- (d) Their boat is in good order, equipped to sail in the event and they are fit to participate.
- (e) The provision of a race management team, patrol boats and other officials and volunteers by the event organiser does not relieve them of their own responsibilities.
- (f) The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances.

3. INSURANCE

Each participating boat must be insured with valid third-party insurance with a minimum cover of £3 million including for the purpose of racing.

4. SAFETY REGULATIONS

- (a) Safety boats will be stationed around the course.
- (b) In the interests of the safety of competitors and patrol boat crews, competitors shall comply with the instructions of the patrol boat crews. Failure to do so may result in disqualification from the series. Abandoned boats will be recovered later.
- (c) The crew of a boat that retires from the race shall notify the Race Committee as soon as possible (via Committee Boat, Safety Boat or Race Office ashore).

5. OFFICIAL VESSELS

The Committee Boat will be a large white workboat (MORY). The Safety Boat fleet will comprise a number of smaller Rigid Inflatable Boats and/or displacement vessels to be decided at the Race Officers discretion.

6. CHANGES TO SAILING INSTRUCTIONS

Changes to these Sailing Instructions will be posted at least one hour before the time they are due to take effect.

7. COMMUNICATIONS WITH COMPETITORS

- (a) Notices to competitors will be posted on the official notice board located in the clubhouse hallway and may additionally be posted in other locations across the site for convenience.
- (b) The race office is located at the front of the clubhouse.
- (c) Signals ashore will be made on the flagpole in front of the Clubhouse.
- (d) When displayed ashore Flag AP with two sound signals (one when lowered) means "The race is postponed". The warning signal will be made not less than 30 minutes after AP is lowered ashore.
- (e) There will be a competitor briefing 'around' 12.30pm on the front lawn, inside if wet.

8. SCHEDULE OF RACES, CLASSES and CLASS FLAGS

- (a) Races are scheduled to start at 14.00
- (b) Classes, associated flags and start sequence will be determined at the closure of the event registration, and communicated to competitors at the competitors briefing, prior to the first race.
- (c) The planned schedule of racing will be 3 races sailed 'back to back'.

9. COURSES

- (a) Courses are at Appendix A. A plan of the club race area is shown at Appendix B, for orientation purposes only, the marks shown at Appendix B will not be used for racing.
- (b) Racing will take place around orange club marks, approximately 4 to 5 feet in height, each marked with a letter.
- (c) Racing will take place on a triangle/sausage course (see Appendix A). Boats may not sail through the start/finish gate in the downwind direction
- (d) Positions of marks and order of rounding are described in the course charts, which form part of these Sl.s.
- (e) Boats must not sail within a line joining the outermost club moorings or any boats on those mooring. Club moorings are classed as an obstruction.

10. START/FINISH

- (a) Races will start at mark M except in Easterly breeze in which case races will start at Mark C.
- (b) To alert boats that a race or sequence of races will begin soon, an orange starting flag will be displayed on the committee boat, accompanied by one sound signal, approximately 1 minute before the first warning signal is made.
- (c) Races will be started using rule 26 with the warning signal made 3 minutes before the start, and the preparatory signal 2 minutes before the start. The warning signal for each succeeding class will be made with the start of the preceding class.
- (d) The start line will be between the staff displaying the orange flag on the committee boat, and a small 'Dan Buoy' with an orange flag.
- (e) Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other classes/races.

- (f) In the event of a General Recall, the warning signal for a new start of the recalled class shall be made 1 minute after the First Substitute is removed (1 sound), and the starts for succeeding classes shall follow the new start.
- (g) The finish line will be the gate between a staff displaying a blue flag on the committee boat and the 'Dan Buoy'.

12. TIME LIMITS [AND TARGET TIMES]

- (a) The duration of each race is intended to be 'around' 45 minutes for the leading boat.
- (b) There will be a time limit of 1hr 15 for the first boat.
- (c) Boats failing to finish within 30 minutes after the first boat in their class will score "Did Not Finish (DNF)", this changes rules 35 and A4.
- (d) Where flag 'W' is displayed this means '*All remaining competitors are out of time, return directly to the start area to facilitate the starting of the next race*'. A sound signal will be made to draw attention to the flag.

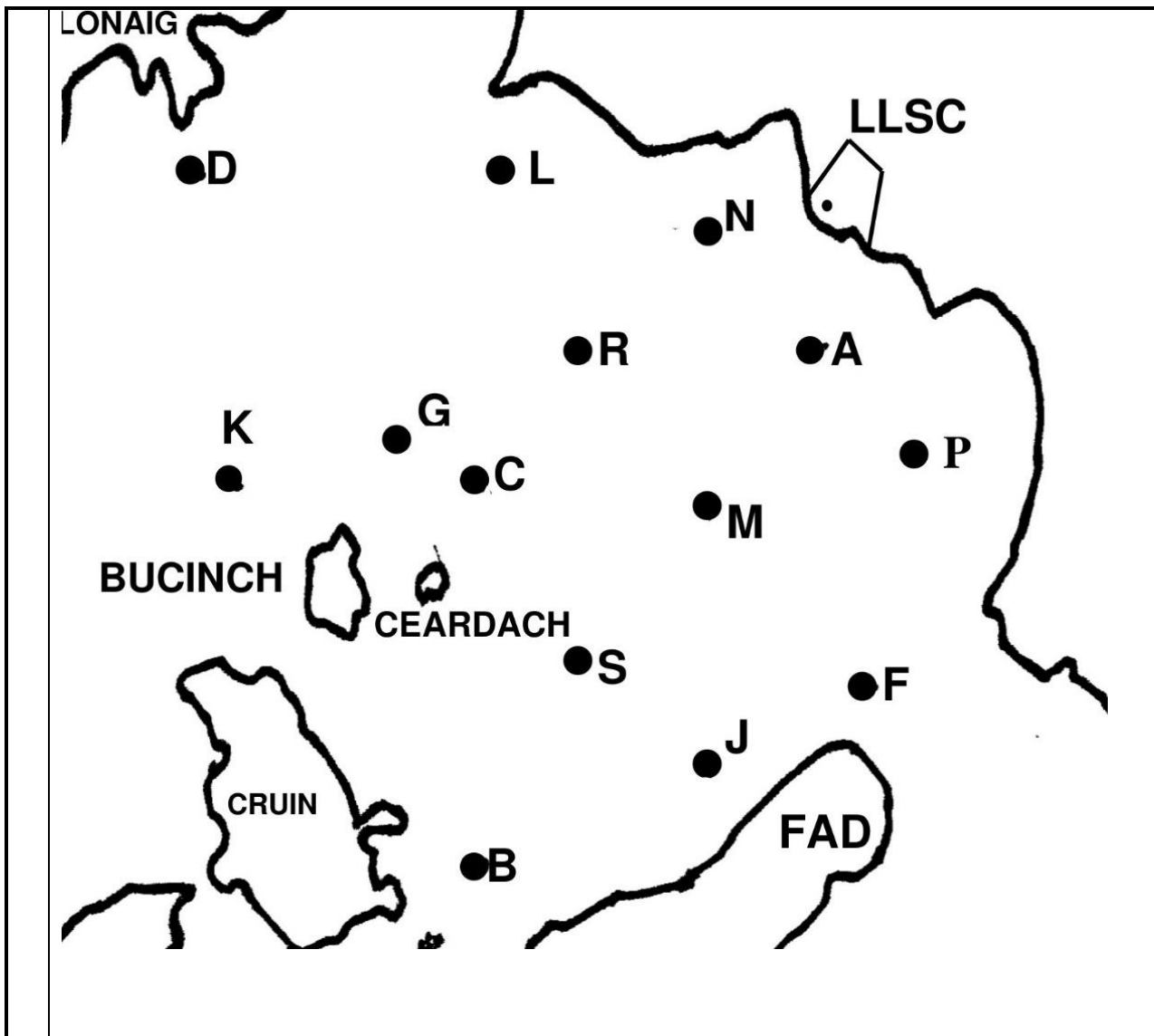
13. PROTESTS and REQUESTS FOR REDRESS

- (a) Protests and Requests for Redress must be lodged at the Race Office, within 30 minutes of coming ashore, this changes rule 61.2.
- (b) Protest forms are available from the race office.
- (c) Notices will be posted no later than 30 minutes after the protest time limit has expired, to inform competitors of hearings in which they are parties or named as witnesses.

14. SCORING

- (a) The Low Point scoring system, Appendix A, rule A2 will apply to all fleets.
- (b) One race constitutes a series.
- (c) There will be one discard if 3 races are sailed.

Appendix A: Triangle/Sausage courses



Wind	#	Odd no. laps (Triangle)	Even no. laps (Sausage)
N	81	<u>N</u> <u>C</u> <u>J</u> Gate	<u>N</u> <u>J</u> Gate
NE	82	<u>A</u> <u>R</u> <u>S</u> Gate	<u>A</u> <u>S</u> Gate
E	83	<u>M</u> <u>L</u> <u>G</u> Gate	<u>M</u> <u>G</u> Gate
SE	84	<u>F</u> <u>A</u> <u>R</u> Gate	<u>F</u> <u>R</u> Gate
S	85	<u>J</u> <u>P</u> <u>N</u> Gate	<u>J</u> <u>N</u> Gate
SW	86	<u>S</u> <u>F</u> <u>A</u> Gate	<u>S</u> <u>A</u> Gate
W	87	<u>C</u> <u>J</u> <u>P</u> Gate	<u>C</u> <u>P</u> Gate
NW	88	<u>R</u> <u>S</u> <u>F</u> Gate	<u>R</u> <u>F</u> Gate
Finish Upwind through Gate			
Light-wind Courses			
Wind	#	Odd no. laps (Triangle)	Even no. laps (Sausage)
N	91	<u>N</u> <u>R</u> Leeward Gate	<u>N</u> Leeward Gate
NE	92	<u>A</u> <u>N</u> Leeward Gate	<u>A</u> Leeward Gate
E	93	<u>M</u> <u>R</u> Leeward Gate	<u>M</u> Leeward Gate
SE	94	<u>F</u> <u>P</u> Leeward Gate	<u>F</u> Leeward Gate
S	95	<u>J</u> <u>F</u> Leeward Gate	<u>J</u> Leeward Gate
SW	96	<u>S</u> <u>J</u> Leeward Gate	<u>S</u> Leeward Gate
W	97	<u>C</u> <u>S</u> Leeward Gate	<u>C</u> Leeward Gate
NW	98	<u>R</u> <u>C</u> Leeward Gate	<u>R</u> Leeward Gate
At Leeward Gate round EITHER Committee Boat to Port OR Dan Buoy to Starboard			
FINISH will be DOWNWIND through Gate			

Time Limits & Notes	Definitions
<p>Target Race Times: 45 minutes for mid-fleet boats.</p> <p>All marks are rounding marks except start & finish</p> <p>Round and leave all underlined marks to PORT.</p>	<p>The Starting Area is defined as the area where boats in good time for their start will sail between their Preparatory and Starting signals. It is the area in which the race committee can easily identify a boat, usually from her sail number.</p> <p>A rounding mark is one that is touched by the string representing the track of a boat sailing the course as described in RRS Definitions. A passing mark is not touched.</p> <p>Prohibited Areas for Racing: Club Moorings</p>